

Video #1 KnowThyself

WHAT'S YOUR STORY?

Imagine you are introducing yourself to strangers by describing **3 short vignettes** from your life.

Write down the 3 incidents you would use.

What do they reveal about your story, about who you are, and who you might be?

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Video #1 Know Thyself YOUR BUSINESS CARD

Tell your story. *Lovely to meet me!*

Hello, I am !
I am and I create
I sincerely believe
I am evolving towards
My favorite colors are
My favorite dish is
The place I would love to visit
The book that changed me is
I adore
I could spend my day
I always light up when it's time to
Few people know this about me
10 years from now I will live with and my work will consist
in surrounded by
My dream life includes a bit of and a lot of
My life mission is
I want to be remembered when I am 102 years old by the people I love the most as someone who
..... and by those who know me from far as someone
who
I want to feel
People who love me describe me as
I would love them to describe me as even more
My unique personality trait is
I will soon celebrate with